



Carpal Tunnel Release Without Surgery

Ultrasound-Guided Percutaneous Injection, Hydrodissection, and Fenestration for Carpal Tunnel Syndrome.

Carpal Tunnel Syndrome, is the most common entrapment neuropathy. Surgery should be considered a treatment of last resort. The following technique has prevented the need for surgery in many patients, most patients are initially treated with conservative measure.

James Robles M.D. director of Advanced Pain Relief Clinic is introducing a non-surgical approach to treatments of Carpal Tunnel Syndrome. Using ultrasound guidance, fluid is injected around the median nerve to break up scar tissue and release compression around the nerve. This procedure takes only minutes and is virtually painless, this technique has prevented the need for surgery in many patients. If you have failed surgery, medications or physical therapy and are looking for a non-surgical approach to treatment of Carpal Tunnel Syndrome give Dr. Robles a call at (956) 447-9396.

James Robles M.D. is the Director of Pain Management and Regional Anesthesia for Orthopedic Services at Northside Medical Center in Ohio. He has helped lead Northside's Center for Orthopedic Excellence achieve top ranking of the state of Ohio and within the top 10% nationally via outstanding clinical outcomes, hospital processes, and patient satisfaction.

Advanced Pain Relief Clinic James Robles M.D., F.I.P.P.

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**Sports Medicine, Non-Surgical Orthopedics, Acupuncture, Spinal Intervention
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